

# HEALTH SCREENING IS THE NEW OFFICE PERK

By Holly Friend and Livvy Houghton

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Health check kiosk in cafe, Smartfuture, Singapore



Health check kiosk in office, Smartfuture, Singapore

Singapore – Start-up Smartfuture plans to roll out 5,000 health check-up kiosks in offices by the end of 2019.

The company has already installed 26 self-monitoring kiosks around Singapore, which employees have been using to check key health metrics such as BMI, blood pressure and blood glucose. Based on their results, staff then receive personalised diet and fitness recommendations, as well as the option to consult with a wellness expert over the phone or in their homes.

According to Smartfuture, employers will also benefit from offering the kiosks, with the ability to view a dashboard summarising the health data of their workforce. Focusing on its future plans, the company says that by the end of 2019, its kiosks will be encouraging 300,000 workers to pursue a more active and healthy lifestyle both in and outside of work.

Tired of long waiting lists, consumers are no longer relying on face-to-face consultations with doctors and instead **seeking health advice on demand.**